



HEALTHY PEOPLE
STRONGER FAMILIES
VIBRANT COMMUNITIES



#### **Message from the CEO**

# Dear Friends,

2014 was a monumental year for ICHS. It was a year of major challenges fiercely met, and unprecedented growth boldly achieved.

Last year, we cared for more than 21,000 patients, the most we have ever served. It's a far cry from 1973, when ICHS was founded as a small, storefront community clinic in Seattle's Chinatown/International District. Our services and programs have expanded greatly over the years, providing not just medical, dental, behavioral health, and pharmacy services, but other vital programs such as health education, children's nutrition, breast and cervical health, and improving community members' access to health insurance coverage.

Our efforts to improve the quality of our patient care have been recognized with a full, three-year accreditation by the prestigious Accreditation Association for Ambulatory Health Care (AAAHC).

The grand opening of our Bellevue Medical and Dental Clinic and the Shoreline Medical and

Dental Clinic marked the biggest expansion of ICHS in four decades, and signified our transformation as a true regional provider that brings health care to our clientele of mostly underserved populations right where they live.

Our teams of in-person assisters, eligibility workers, and community advocates went out to the community to support the state's implementation of the Affordable Care Act and educated and enrolled more than 10,000 people into low-cost health care coverage.

Our Mobile Dental Clinic, which marked its full year of operation, and partnerships with Asian Counseling and Referral Service, Seattle World School, and NOVA Alternative High School allow us to reach out to even more patients in a variety of settings.



We owe our successes and accomplishments in 2014 to you, our patients, staff, board members, and friends. You gave us courage to dream big and seize the opportunities that help fulfill our mission. We anticipate the coming months and years to again be full of challenges. We already are mobilizing to protect our funding, as well as gain support for our capital projects. With your support, we will continue to grow and daringly stride forward.

**Teresita Batayola**Chief Executive Officer

# Mapping our Voices

In this report, we feature heartfelt stories developed by staff and patients at ICHS. ICHS uses the process of creating digital stories to engage community members in organizing for healthy changes in their communities. Stories are preserved online through our partnership with Mapping Our Voices for Equity (MOVE), an interactive online map of digital stories used to advocate for health equity through storytelling.

For more information and to watch these digital stories, go to: www.mappingvoices.org or www.ichs.com/digitalstories



# Maggievay Perofeta: Patient

Maggievay Perofeta is grateful to ICHS and its staff for receiving culturally appropriate support to help her decide to receive a mammogram.

She remembers being nervous and feeling awkward about getting a mammogram, a feeling that is shared by members of her Pacific Islander community. But she has no regrets and urges other women, especially members of the Pacific Islander community to get a mammogram.

"(Breast cancer) is a dangerous disease," says Maggievay. "If you want to live longer, get a mammogram."

# Paul Le:

#### **AmeriCorps Service Member**

Paul Le remembers growing up in an immigrant family that struggled because of language barriers, and the gratitude he felt for the help and interpretation services that he and his family received from social service agencies.

Now an ICHS AmeriCorps Patient Navigator, Paul sees himself in the patients whom he helps connect with public and health resources.

"The journey is not over yet, for I am now an AmeriCorps patient navigator devoting my service term to helping others who were in my family's situation in the past," he says.





# Mohamed Ali:

#### **Community Advocate**

As an ICHS Community Advocate, Mohamed Ali has come to realize how education empowers the community and allows community members to take charge of their health.

Growing up in a small town in Somalia, Mohamed had heard about and seen many people afflicted with a condition that makes their eyes green. The condition, known in the West as jaundice, a common symptom of hepatitis B, is called "Cagaarshow" (pronounced cuh-gar-show) in Somalia, and a common treatment for it would be the burning of the skin with a piece of metal by a traditional doctor.

"Increased knowledge and awareness is very important in order for the community to protect themselves and family members from hepatitis B," he says. "I believe if they know that cagaarshow is caused by a virus, they would deal with it in a serious way."

The opening of Bellevue and Shoreline medical and dental clinics is the culmination of years-long planning that started with a 2006 Community Needs Assessment and a series of feasibility studies to effectively serve the growing populations of Asian, Native Hawaiian, and Pacific Islanders in the region.





# **Bellevue**Medical & Dental Clinic

ICHS Bellevue Medical and Dental Clinic opened on May 1, 2014, marking a major chapter in the history of ICHS by expanding quality affordable primary medical, dental, and behavioral health services under one roof to underserved populations on the Eastside.

The new clinic is located at 1050 140th Ave. NE, in the busy Crossroads community. The clinic, located on a one-acre property, encompasses just under 10,000 square feet, and features 10 medical rooms and eight dental chairs, with 38 parking spaces for patients.

The Bellevue-Eastside area stood out with a dramatically high percentage of Asian and Pacific Islander residents, most of whom are immigrants. Since its opening, the clinic has been warmly received by community members and is meeting the projected number of new patients and encounters.

ICHS has received much support and enthusiasm from Bellevue City officials, officials from other Eastside cities, non-profit organizations, and members of the larger Eastside community. They see the value of having a beautiful community health center that offers comprehensive health care to the region's disadvantaged residents and the broader community.







#### **Shoreline** Medical & Dental Clinic

**ICHS Shoreline Medical and Dental Clinic** opened on Sept. 15, 2014, bringing highquality and affordable health care to residents of the city of Shoreline and the growing and highly diverse communities straddling King and Snohomish counties.

Located at 16549 Aurora Ave. N, the Shoreline Medical and Dental Clinic is a beautiful beacon along the busy Aurora Avenue corridor. The new clinic is on a one-acre property, encompassing 37,000 square feet, has 20 medical exam rooms and 10 dental chairs, with 47 parking spaces for patients.

The Shoreline-North King County-South Snohomish County area stood out as a community with a large number of people with ICHS' target demographic, and other underserved populations with

high need for affordable health services.

Shoreline city officials have expressed support and appreciation for having a community health center in the area that fills a significant need for high-quality, affordable primary health care services for residents. The city also recognized the positive impact of Shoreline Medical and Dental Clinic in the area, seeing it as a lynchpin for economic and esthetic development for that part of the city.







### ICHS Meets High Care Quality Standards, Receives Accreditation from AAAHC

ICHS earned noteworthy accreditation from the Accreditation Association for Ambulatory Health Care (AAAHC), which means ICHS meets or exceeds AAAHC standards for medical care, dental care, behavioral health and pharmacy.

To receive the accreditation, ICHS had to participate in a thorough and rigorous process that started in January 2013. ICHS was awarded the full three years of initial accreditation, and will renew the accreditation in 2017.

Accredited by the



ACCREDITATION ASSOCIATION *for* AMBULATORY HEALTH CARE, INC.





# ICHS Team Reaches Out, Enrolls Thousands to Affordable Care Act Insurance Coverage

Key to successful implementation of the Affordable Care Act is getting people to learn and sign-up for low cost health insurance coverage.

By the end of 2014, ICHS teams had reached out to and enrolled more than 10,000 people to low-cost health insurance coverage through the Affordable Care Act.

In-person assisters, eligibility workers, and community advocates reached out to Washingtonians at ICHS clinics and in the communities to provide free help to enroll or answer questions about the law.

# 2014 Service Highlights and Milestones

# **National Quality Leader**

ICHS named the only community health center in Western Washington, and one of only four in Washington State to be cited by the U.S. Department of Health and Human Services as a "National Quality Leader."

### Clean bill of health from HRSA

Successfully met all Health Resources Services Administration (HRSA) requirements for governance, clinic operations, and finances during a site review.

#### **Mobile Dental Clinic**

Celebrated a full year of operations for the Mobile Dental Clinic, serving 11 schools and testing mobile dental services at the Renton Housing Authority and Asian Counseling and Referral Service (ACRS).

## **Major Dental Expansion**

Added new dental chairs at International District, Bellevue, and Shoreline clinics, bringing to 41 the total number of dental chairs.



## **Masonry Institute Design Award**

ICHS Shoreline Medical and Dental Clinic won the Medical Merit Award in the Masonry Institute of Washington's 2014 Design Awards for its use of durable, natural, and sustainable materials.

#### **Shoreline Capital Campaign**

Special thanks to those who made significant gifts to support construction of the Shoreline clinic, including Washington Dental Service Foundation, D.V. & Ida McEachern Charitable Trust, KeyBank Foundation, Norcliffe Foundation, ICHS and ICHS Foundation boards and staffs.

# ARNP Residency Program Launched



In fall 2014, successfully launched the Advanced Registered Nurse Practitioner (ARNP) Residency Program and began the University of Washington Dental School fourth year dental community rotation program.

## Bellevue Clinic Expanded Services

Behavioral health and the mammogram coach added at the Bellevue clinic.

# Cell Phones & Patient Communications

A hepatitis B grant helped us better understand our patients' use of cell phones and their potential use in helping us communicate more effectively with our patients.

### 13,000+ Patients

Over 13,000 patients signed up to use MylCHS to electronically

request appointments, test results, and health records.



# \$50,000 Dental Clinic Expansion Grant

Awarded \$50,000 in funding from the Covidien NACHC Challenge Grant Program to support the 2014 ICHS International District Dental Clinic Expansion Project.



#### Health Board Appointee

ICHS Board Secretary
Hiroshi Nakano was
appointed by Gov. Jay
Inslee to the Washington
Health Benefit Exchange
Board, which manages
the Washington
Healthplanfinder, an online
marketplace for affordable
health care coverage under
the Affordable Care Act.

#### **ICHS in Numbers**

128,075

total number of health encounters 88,672

**Qualified Health Center visits** 

total unduplicated **Federally Qualified Health Center patients**  17,694 total Affordable

Care Act outreach

Are homeless

Are uninsured

Have limited English and need interpretation services

Are persons of color

\$934,982 Provided in uncompensated care

10,213

Patients served at **International District** Clinic

7,355

Hents at

Patients served at **Holly Park Clinic** 

1,852

Patients served at **Bellevue Clinic** 

1,254

Patients served at **Shoreline Clinic** 

337

Patients served at **Seattle World School**  177

Patients served at ACRS

**377** 

Patients served at **Mobile Dental Coach** 

**137** 

babies delivered

Number of languages served

33,393 Education sessions through community advocacy, health education, and in-person assistance encounters

4,275

**Unduplicated patients** age 65 and older



#### **Top Languages**

- 1. English
- Cantonese
- Vietnamese
- Mandarin
- Korean
- Toisanese
- **Tagalog**
- Somali
- Spanish
- 10. Cambodian
- 11. Amharic
- 12. Laotian
- 13. Mien
- 14. Tigrinia
- 15. Ilokano

# **Consolidated Fiscal Highlights**

January 1, 2014 - December 31, 2014

#### **Support, Revenue and Gains**

Total Revenues	\$ 27,232,968	
Capital Campaign	\$	1,147,969
Rental Income	\$	5,062
Medicaid Management Care Enhancement Payback	\$	(1,619,673)
Pool Savings	\$	2,551,474
Gain On Disposal of Equipment and Improvements	\$	23,684
Total Operating Support, Revenue and Gains	\$ 25,124,452	
Other	\$	315,663
In-Kind Donations	\$	567,488
Contributions and Private Grants	\$	781,971
Fees and Grants from Government Agencies	\$	2,939,332
Patient Fees and Private Insurance	\$	3,817,046
Public-Sponsored Insurance and Entitlements	\$	6,954,983
Capitation and Enhancements	\$	9,747,969

#### **Expenses**

#### **PROGRAM SERVICES**

Total Expenses	\$ 27,713,621	
Fundraising	\$	608,810
Management and General Administration	\$	5,298,422
Total Program Services	\$	21,806,389
Behavioral Health	\$	398,308
Acupuncture	\$	148,423
Women, Infants and Children	\$	322,887
School-Based	\$	513,413
Health Education and Case Management	\$	1,594,120
Access	\$	1,361,447
Pharmacy	\$	2,370,593
OTHER HEALTH AND ENABLING SERVICES		
Primary Dental Care	\$	5,279,254
Primary Medical Care	\$	9,817,944

<sup>\*</sup>Numbers are unaudited.



### **Acknowledgments**

We would like to thank the following businesses, foundations, groups and individuals for their generous financial and in-kind contributions in 2014. If you have a correction, please contact us at 206.788.3672 or foundation@ichs.com.

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Office of Secretary of State – Combined Fund Drive

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# **Champions** of Change

ICHS CEO Teresita Batayola was honored by the White House and the U.S. Department of Health and Human Services as one of 11 "Champions of Change" for her and staff's work in educating Asian Americans and Pacific Islanders about the Affordable Care Act.



# DESIGN: DavidOwenHastings.com

### \$50,000 Breast Health Grant

Received a grant of over \$50,000 from Komen Puget Sound, the area's affiliate of the Susan G. Komen for the Cure, to help pay for community outreach, prevention, and education on breast health.



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#### **ADMINISTRATION**

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#### **MAILING ADDRESS**

PO Box 3007 Seattle, WA 98114-3007

#### INTERNATIONAL DISTRICT MEDICAL & DENTAL CLINIC

720 8th Ave S Seattle, WA 98104

TEL 206.788.3700

### HOLLY PARK MEDICAL & DENTAL CLINIC

3815 S Othello St Seattle, WA 98118

TEL 206.788.3500

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1050 140th Ave NE Bellevue, WA 98005

TEL 425.373.3000

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TEL 206.533.2600

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