

Consent for Health Care Services

Patient's Full Name (PRINT)	Patient's Date of Birth	
evaluation, examination, and therapeutic procedure health condition. I understand that I have the restriction the nature and character of any proposed or all care and other alternatives available to me and expected to ask questions when my Provider of clarifying questions will be taken to mean that	Health Services (ICHS) and its Providers to provide edures, for me as deemed necessary or advisable by my ight to be actively involved in decisions regarding my caternative treatment. Moreover, I have a right to understand any recognized serious health risks or complications the communicates anticipated benefits, risks, or complication to I fully understand the nature and character of my care that I may withdraw consent for any health care services and	Provider to assess and treat my are and may ask questions about and the anticipated results of my at are likely to impact me. I am and sto me, and my failure to ask or that I have voluntarily opted
The following payment information will apply scale discount (adjusted for income and hous insurance payments. I am expected to pay my if I am unable to pay my balance in full. For s not be refused health care due to inability to p	n needed by my third-party insurance to secure payment y when services are not performed on the Mobile Denta schold size) for qualified uninsured and patient's out-of fair share of the charges in a timely manner or make pay ome services, full payment will be required at the time on ay my bill as long as I provide required financial information to arrange for a payment plan may result in termination	I Clinic. ICHS provides sliding of-pocket costs after third-party yment arrangements with ICHS of visit. I understand that I will nation. However, refusal to pay
authority to do so. If I am consenting for a mibirth certificate) or adoptive parent (i.e. I have (e.g. by terms of a divorce). If I am a family adult, I do not have the legal authority to consthe patient's legal representative, a court, or s attorney, I may be asked to provide a copy of act on another patient's behalf. I further undeallow. For example, minors may be treated as	for the care of a minor patient or an incompetent adultinor child, I must be an acknowledged biological parent legally adopted the child), and my rights must not have member, relative, caregiver, or other individual consentent for health care unless this authority has been express tatutory law. If I am acting under authority given to me such documentation, and such documentation must be a terstand that my rights as a personal representative may adults and afforded full authority to control their health that illness, a sexually transmitted disease, or reproducts.	(i.e. my name is on my child's been restricted by a court order ting for the care of a minor or ally granted to me by the patient, by a court order or a power of approved by ICHS, before I can be restricted if applicable laws information if they meet certain
Translator's Name	Signature (Parent/Guardian if under 18)	Date
Signature Date	Parent/Guardian's Name (PRINT)	Date
() copy provided in:	Parent/Guardian's Date of Birth:	
Are you consenting for your own health care?	□Yes; □No* (see below)	
*Specify your relationship to the patient: \Box m	other; □ father; □ court-appointed guardian/representation	ve;
□ other (specify):		
Declaration of Representative Authority (Rela	atives Only)	
the legal authority to make health care decisions for legal authority to consent for the minor at this time	hild. I hereby declare and affirm under penalty of perjury pursuor the minor listed above. I understand that I will not be asket, unless my Provider has reason to question the validity of the ime. This declaration shall be valid for six (6) months.	ed to provide documentation of my



Patient Rights and Responsibility

You have the right to:

- Choose a health care provider that provides you with quality care.
- Receive care in a safe, private, and respectful setting by knowledgeable personnel.
- Receive services in a manner that respects your language, culture and beliefs.
- Receive information about your care and treatment in terms you can understand.
- Receive services without discrimination based on race, color, sex, marital status, sexual orientation, age, creed, religion, ancestry, gender identity, genetic information, use of service animals, national origin, veteran status, citizenship status, or the presence of any sensory, mental or physical disability or the ability to pay.
- Receive information about ICHS hours, providers, services, fees and payment policies in a language that is easy for you to understand.
- Be notified if your care involves the training of healthcare providers.
- Privacy of your healthcare information except as required by law or insurance company contracts.
- Read and receive copies of your medical records within a reasonable amount of time.
- Know that when an emergency occurs and you are transferred to another facility, a responsible person/family member will be notified.
- Request assistance with information on advance directives for your healthcare.
- Be notified in advance to allow you to choose whether or not you would like to participate in experimental clinical research studies.
- Respectfully express dissatisfaction with the care you receive through a patient complaint/grievance policy.
- Restrict the use and disclosure of PHI.
- Receive confidential communications.
- Receive a copy of the Notice of Privacy Practices (NOPP).
- Receive an accounting of disclosures of PHI.
- Revoke a prior authorization.
- File a complaint for privacy violations by calling ICHS' Compliance Hotline at 1-855-515-0143 or contact the Office for Civil Rights:

Office for Civil Rights U.S. Department of Health and Human Services 2201 Sixth Avenue-M/S: RX-11 Seattle, WA 98121-1831 Voice Phone (206)615-2290 FAX (206)615-2297 TDD (206)615-2296

You have the responsibilities to:

- Ask questions if you do not understand what you are being told.
- Tell us everything you know about your health history, current health, and any changes in your health.
- Tell us about all medications, herbs, supplements, and over the counter (OTC) medications you may be taking.
- Participate in your care by making decisions, following directions and accepting responsibility for your choices.
- Follow the treatment plan agreed upon with your provider. This includes following instructions of other health care professionals as they carry out the orders of the provider.
- Choose a family member or other person to represent you if you are unable to make your own health care decisions.
- Treat other patients, visitors, volunteers and ICHS staff and property with courtesy and respect.
- Arrive on time for all appointments and let us know in advance you are unable to keep an appointment.
- Provide accurate information for processing any insurance coverage, and to pay any co-payments, co-insurance amounts, and deductibles as requested in a timely manner.
- Inform your provider about any existing advance directive or medical power of attorney.
- Conduct yourself in an appropriate manner while receiving services from ICHS staff or at ICHS facilities and events. Failure to follow instructions from ICHS staff, comply with policies and treatment agreements, or when refusal of treatment prevents the delivery of safe and appropriate care, the relationship with the patient may be terminated with notice.

Patient's Signature/Print Name	Date	_



International Community Health Services

P.O. Box 3007 Seattle, WA 98114-3007 (206) 788-3700

HEALTH HISTORY	\square N	∕lale □ Female			
Name of Patient:				Birthdate:	
Phone Number:		Preferred Langu	uage: _		
Address:					
Ethnicity: American Indian					Vative Hawaiia
☐ Other Pacific Islander ☐					vative i lawallal
Name of Physician:				Date of last physical	l:
Is the patient now under the ca				YES NO	
If yes, for what reason?					
Is the patient presently taking				YES NO	
	•	•			
If yes, please list:					
Is the patient allergic (or has a	ın adv	verse reaction) to any med	licatior	ns? YES NO	
If yes, please explain:		·····			
Is the patient sensitive or aller	gic to	latex? YES NO			
Has the patient had any unusu	_		ring a :	surgical procedure? YES	NO
If yes, please explain:		•	•	•	
Patient has dental insurance (YES NO	
,			•		
Name of Insurance Compar					
Name of Subscriber:				Relationship to Patient:	
Policy #:		Group #:	;	Subscriber's Date of Birth:	
Effective Date:	_ Ехрі	ration Date:	Custo	omer Service Phone #:	
Has the patient ever experie	nced	any of the following? (F	lease	check all that apply.)	
Abnormal Blood Pressure		Epilepsy			
Attention Deficit Disorder (ADD)					
Alcohol Addiction		GI Problems (GERD)		Prosthetic Implants	
Anemia		Glaucoma		Psychiatric Care	
Arthritis/Rheumatism		Hearing Impaired		Removal of Spleen	
Artificial Heart Valve		Heart Disease/Surgery		Rheumatic Fever	
Artificial Joint		Heart Murmur		Rheumatic Heart Disease	
Asthma		Heart Pace Maker		Sickle Cell Disease	
Autoimmune (Lupus/MS)		Hemophilia		Sinus Trouble	
Cancer Radiation Therapy		Hepatitis □ A □ B □ C HIV Positive/AIDS		Stroke Thyroid Problem	
Chemotherapy		Kidney Problems/Dialysis		Tuberculosis	
Cholesterol		Learning Disability		Tumors	
Congenital Heart Disease		Liver Disease		Ulcers	
Diabetes		Lung Disease		Sexually Transmitted Infection	
Eating Disorder		Mitral Valve Prolapse		Wheel Chair	
Recreational Drug Use		Neurological Disorders		Sudden Weight loss/gain	
Emphysema		Organ Transplant			



Has the patient had any other serious illness, hospitalization, or accident?	YES	NO
If yes, please explain:		
Does the patient currently smoke or use the following tobacco products?		
□ Cigarettes □ Cigars □ Pipe □ Chew	□ None	
Has the patient used tobacco in the past? YES NO If yes, how long ago?		
Does the patient drink alcoholic beverages? YES NO If yes, how much?		
Are the patient's immunizations up-to-date? YES NO		
FEMALE PATIENTS, please circle YES or NO.		
Is she pregnant? YES NO Is she breast feeding? YES NO Is she using birth control	medications	? YES NO
Comments:		
DENTAL HISTORY		
Date of Last Dental Visit:		
Please check all that apply to the patient.	YES	
Do the patient's gums bleed while brushing or flossing?		
Are the patient's teeth sensitive to hot or cold liquids/foods?		
Are the patient's teeth sensitive to sweet or sour liquids/foods?		
Does the patient feel pain to any of his/her teeth?		
Does the patient have any sores or lumps in or near his/her mouth?		
Has the patient had any head, neck, or jaw injuries?		
Does the patient have frequent headaches?		
Does the patient clench or grind his/her teeth?		
Does the patient bite his/her lips or cheeks frequently?		
Has the patient ever experienced any of the following?		
\square Clicking in jaw \square Pain (joint, ear, side of face) \square Difficulty in opening or closing	ng mouth	
□ Difficulty in chewing		
Has the patient had any orthodontic work?		
Has the patient ever had prolonged bleeding following extractions?		
Has the patient ever had instruction on the correct method of brushing his/her teeth?		
Has the patient ever had instruction on the care of his/her gums?		

Comments:



NOTICE OF PRIVACY PRACTICES ACKNOWLEDGEMENT

To comply with the Health Insurance Portability and Accountability Act (HIPAA), Privacy Regulation, ICHS is required to provide you our Notice of Privacy Practices. This is to inform you that we keep a record of the health care services we provide you. You may ask to see or request for a copy of that record. You may also ask to correct that record. We will not disclose your record to others unless you direct us to do so or unless the law authorizes or compels us to do so. For more information, please contact our Medical Records departments at:

 Bellevue Clinic
 (425) 373-3012

 Holly Park Clinic
 (206) 788-3541

 International District Clinic
 (206) 788-3712

 Shoreline Clinic
 (206) 533-2641

This form will be retained in your medical record.

Printed name of patient	Patient's date of birth
Signature of patient or authorized representative (if patient is under 18)	Date
Printed name if signed on behalf of patient	Relationship to patient
Notation	

A copy has been given to patient or authorized representative.



Notice of Privacy Practices

(Effective September 2013)

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION.

PLEASE REVIEW IT CAREFULLY.

We are required by law to maintain the privacy of protected health information and to provide you with notice of our legal duties and our privacy practices with respect to that information. We are required to abide by the terms of the Notice of Privacy Practices currently in effect, but we reserve the right to change these terms at any time. Any changes will be effective immediately and will be available to you on our website (www.ichs.com).

HOW WE MAY USE AND DISCLOSE YOUR PROTECTED HEALTH INFORMATION

For Treatment. We may use or disclose your protected health information to provide you with medical treatment. We may disclose your protected health information to doctors, nurses or other members of our health care team who are involved in your care. For example, your physician may need to consult with specialists about your care. Your protect health information would be shared with them to help understand your health care needs.

For Payment. We may use or disclose your protected health information so that the treatment and services you receive at International Community Health Services ("ICHS" or "we") may be billed to you, an insurance company or third party. For example, we may need to give your health plan information about surgery you received so that your health plan will pay us or reimburse you for the surgery. We will not disclose your protected health information to third party payers without your authorization unless allowed to do so by law. You have a right to request the restriction of the disclosure of your protected health information to a health plan or other party when that information relates solely to a healthcare item or service for which you or another person on your behalf (other than a health plan) has paid us, and we are required to agree to such request.

For Health Care Operations. We may use and disclose your protected health information about you for health care operations. These uses and disclosures are necessary to make sure that all of our patients receive quality care. For example, we may use health information to assess the quality of the health care services provided to you or to evaluate the performance of our staff.

OTHER ALLOWABLE USES OF YOUR PROTECTED HEALTH INFORMATION WITHOUT REQUIRING YOUR PRIOR AUTHORIZATION

Business Associates. There are some services provided at ICHS through contracts with business associates. Examples include laboratory, external auditors, outside attorneys and others. Whenever an arrangement between a business associate and ICHS involves the use or disclosure of your protected health information, we will have a written agreement that will protect the privacy of your protected health information.

Communication to Entity Assisting with Disaster Relief - We may disclose your protected health information to an entity assisting in a disaster relief effort so that your family can be notified about your condition, status, and location.

Appointment Reminders - We may contact you as a reminder that you have an appointment for treatment or health care services at ICHS.

Treatment Alternatives - We may use your protected health information to tell you about or recommend possible treatment options or alternatives that may be of interest to you.

Research – Under certain circumstances, ICHS may use and disclose population health information for medical research purposes. In most circumstances, we will ask for your specific permission if the researcher will have access to your name, address, or other information that reveals who you are. Before we use or disclose health information for research, the project will have been approved through this research approval process. In most circumstances, we will ask for your specific permission if the researcher will have access to your name, address, or other information that reveals who you are. We may, however, disclose health information about you to people preparing to conduct a research project as long as the health information does not leave ICHS.

As Required By Law - We will disclose your protected health information when required to do so by federal, state, or local law.

To Avert a Serious Threat to Health or Safety - We may use and disclose your protected health information when necessary to prevent a serious threat to your health or the health and safety of the public or another person. Any disclosure, however, would only be to someone able to prevent the threat.

Organ and Tissue Donation - If you are an organ donor, we may release your protected health information to organizations that handle organ procurement or organ, eye, or tissue transplantation or to an organ donation bank, as necessary to facilitate organ or tissue donation and transplantation.

Military and Veterans - If you are a member of the armed forces, we may release your protected health information as required by military command authorities. We may also release protected health information about foreign military personnel to the appropriate foreign military authority.

Workers' Compensation - We may release your protected health information for workers' compensation or similar programs. These programs provide benefits for work-related injuries or illnesses.

Public Health - As required by law, we may disclose your protected health information to public health or legal authorities charged with preventing or controlling disease, injury, or disability.

Health Oversight Activities - We may disclose your protected health information to a health oversight agency for activities authorized by law. These oversight activities include, for example, audits, investigations, inspections, and licensure. These activities are necessary for the government to monitor the health care system, government programs, and compliance with civil rights laws.

Lawsuits and Disputes - If you are involved in a lawsuit or a dispute, we may disclose your protected health information in response to a court or administrative order. We may also disclose your protected health information in response to a subpoena, discovery request, or other lawful process by someone else involved in the dispute.

Law Enforcement - We may disclose your protected health information if asked to do so by a law enforcement official:

- In response to a court order, subpoena, warrant, summons, or similar process;
- To identify or locate a suspect, fugitive, material witness, or missing person:
- About the victim of a crime if, under certain limited circumstances, we are unable to obtain the person's agreement;
- About a death we believe may be the result of criminal conduct;
- About criminal conduct at ICHS;
- In emergency circumstances to report a crime; the location of the crime or victims; or the identity, description, or location of the person who committed the crime.

Coroners, Medical Examiners, and Funeral Directors - We may disclose your protected health information to a coroner or medical examiner. This may be necessary, for example, to identify a deceased person or determine the cause of death. We may also release health information about patients of the hospital to funeral directors as necessary to carry out their duties.

National Security and Intelligence Activities - We may disclose your protected health information to authorized federal officials for intelligence, counterintelligence, and other national security activities authorized by law.

CERTAIN USES AND DISCLOSURES REQUIRING AUTHORIZATION

Most uses and disclosures of psychotherapy notes, uses and disclosures of protected health information for marketing purposes, disclosures that constitute a sale of protected health information, and other uses and disclosures of protected health information not covered by this Notice will be made only with your written permission. If you provide ICHS with permission to use or disclose your protected health information, you may revoke that permission, in writing, at any time. If you revoke your permission, we will no longer use or disclose your protected health information for the reasons covered by your written authorization. You understand that we are unable to take back any disclosures that we have already made with your permission, and that we are required to retain our records of the care that we provided to you.

Communication with Family and Friends - We may share your protected health information with family members or friends who are involved in your care and/or payment for your care if you tell us that we can do so, or if you do not object to sharing of this information. We may also share relevant information with these persons if, using our professional judgment, we believe that you do not object.

YOUR RIGHTS REGARDING YOUR PROTECTED HEALTH INFORMATION

Although your health record is the property of ICHS, your protected health information belongs to you. You have the following rights regarding your protected health information:

Right to this Notice - You have a right to a paper copy of this Notice. You may ask us to give you a copy at any time. You may also obtain a copy of this Notice at our website: **www.ichs.com**.

Right to Inspect and Copy - You have a right to inspect and receive a copy of certain health care information pertaining to you including billing records. You must submit your request in writing to the:

International Community Health Services Attn: Health Center Manager PO Box 3007, Seattle WA 98114-3007

If you request a copy of such protected health information, we may charge a fee for the costs of copying, mailing, or other supplies associated with your request.

We may deny your request to inspect and copy in certain limited circumstances. If you are denied access to your health record, you may request that the denial be reviewed. We will comply with the outcome of the review.

Right to Request Amendment - You have a right to ask that your protected health information be amended by giving a written request to our Health Center Manager.. We have the right to deny this request under certain circumstances. You may write a statement of disagreement if your request is denied. This statement of disagreement will be stored in your health record, and included with any release of your records.

Right to an Accounting of Disclosures - You have the right to receive an accounting of disclosures. This is a record of certain disclosures we made of your protected health information in accordance with law.

You must submit your request in writing to the Health Center Manager. We may charge you for the costs of providing the record. We will notify you of the cost involved, and you may choose to withdraw or modify your request at that time before any costs are incurred. The Health Center Manager can be reached at the following address:

International Community Health Services Attn: Health Center Manager PO Box 3007, Seattle WA 98114-3007

Right to Request Restriction - You have a right to ask us to restrict certain uses and disclosures of your protected health information. For example, you may request that we limit the protected health information we disclose to someone who is involved in your care or the payment for your care. You could ask that we not use or disclose your protected health information about a surgery you had to a family member or friend. You must submit your request in writing to the Health Center Manager. In your request, you must tell us (1) what information you want to limit; (2) whether you want to limit our use, disclosure or both; and (3) to whom you want the limits to apply, for example, disclosures to your spouse; however, we are not required to agree to a requested restriction.

Right to Request Confidential Communications - You have the right to request that we communicate with you about health matters in a specific way or location. For example, you can ask that we only contact you at work or by mail.

To request confidential communications, you must submit your request in writing to the Health Center Manager. We will not ask you for the reason for your request. Your request must specify how or where you wish to be contacted. We will accommodate all reasonable requests.

Right to Be Notified of Breach – You have a right to be notified following a breach of unsecured protected health information.

Complaints

If you believe your privacy rights have been violated, you may contact the ICHS Compliance Officer at 206.788.3658 or submit your complaint in writing to the ICHS Compliance Officer at PO Box 3007; Seattle, WA 98114-3007.

You may also file a complaint with the Secretary of the U.S. Department of Health and Human Services.

The quality of your care will not be jeopardized nor will you be subject to any retaliation for filing a complaint.

If you have any questions about this notice please contact the ICHS Compliance Officer at 206.788.3658.