

## CHS International Community HEALTH SERVICES

### **2016 ANNUAL REPORT**

HEALTHY PEOPLE STRONGER FAMILIES VIBRANT COMMUNITIES





### MISSION

ICHS provides culturally and linguistically appropriate health services to improve the health of Asian Pacific Islanders and the broader community.







# **Dear Friends**,

The dream of health care for all and achieving health equity are being challenged as the Affordable Care Act falls under siege and millions of people are at risk of losing access to quality affordable health care. ICHS is a point of hope. As the need grows, we will continue to push forward to meet it. Even though the future is uncertain, we will stand firm and act to be heard and to serve.

ICHS' 2016 accomplishments broadened our presence and deepened our service capacity, allowing us to meet the needs of nearly 29,000 patients with approximately 55% needing interpretation. Our staff provided Affordable Care Act outreach to more than 12,000 community members and patients, assisted nearly 5,000 with enrollment, and successfully enrolled more than 7,000 in health plans. Our uninsured rate remains low, just 11% of our total patient population. We expanded initiatives such as our Women, Infant and Children (WIC) and Nutrition program; and began others such as a new vision clinic that will begin service in 2017. Through an equal partnership with Kin On, we established a new non-profit Aging in PACE (AiPACE) to ensure healthy aging for those who are nursing homeeligible to remain at home or in their community.

Even as we are serving more and expanding services, quality remains central to our efforts. In May 2016, the American Heart Association recognized ICHS with the prestigious Million Hearts Award for 2015 for our treatment of hypertension, a condition that affects about one in six of our patients. The U.S. Health Resources and Services Administration recognized ICHS as a Health Center Quality Leader among our peers; and Immunize Washington honored ICHS clinics with Gold and Silver awards for our high levels of success immunizing children and adolescents. Our efforts to improve hepatitis B screening, vaccination and linkage to care through health information technology were acknowledged as a best practice by the National Task Force on Hepatitis B for Asian and Pacific Islander Americans.

Through all of this, we made strategic investments in a sustainable future, as we increased staff from 432 to 495, bolstered leadership and continued growth of our residency programs. In 2016, ICHS launched a new family practice residency in partnership with Swedish Medical Center, our dental residency with the national Advanced Education in General Dentistry program celebrated its second year and our nurse practitioner residency entered its third. These skilled providers improve our capacity to deliver integrated health care services as they help us meet future demand.

For 44 years, ICHS has embraced all people and turned no one away. Our promise has stayed constant since our modest start as a one-room clinic in Seattle's Chinatown-International District. As the basic right to health care,



and the human and civil rights of immigrants and refugees come into question, we stay strong with our vision of Healthy People, Stronger Families, Vibrant Communities for everyone who needs our care.

In these times of great challenge, ICHS must continue to make sure that our patients, our families and our communities can access the best affordable health care we can provide. Please don't let inaction take away our present and future. These times call for action. Join me now in being an advocate. Together, we can change what is happening for the better.

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**Teresita Batayola** President and Chief Executive Officer



# Family medicine residents boost patient care

The launch of a partnership with Swedish Family Medicine Residency in Cherry Hill successfully placed two skilled family physician residents within ICHS clinics. The ICHS-Swedish program fosters residents from Swedish's pioneering family medicine program to serve underserved, economically disadvantaged, culturally diverse and disenfranchised communities.



# Dental residency program enters second year

ICHS' dental residency program entered a second year with two new dentists and accreditation from the Commission on Dental Accreditation – giving patients at the Shoreline and Bellevue dental clinics expanded access to professional care. Residents obtain valuable clinical experience in a community health care setting through ICHS' partnership with the New York University Lutheran Medical Center.



# Better vision with \$350,000 grant from City of Seattle

A \$350,000 grant from the City of Seattle will open a vision clinic in ICHS' Chinatown-International District location providing low-income patients and other members of the community with eye care services. Thirteen percent of ICHS patients need vision services, but only about half have been able to access them. ICHS research shows that patients who are low income, Asian and other racial/ethnic minorities, or 40 years and older, are at the highest risk for vision disorders.



# New clinic in Shoreline for teens

ICHS opened a new Young Adult Clinic at its Shoreline clinic, giving access to low-cost and nocost confidential health services to those between the ages of 14 and 26. It is the first-ever Shoreline clinic specifically targeted toward young people. Services include behavioral health counseling, and reproductive health and contraception counseling and education.



# Hepatitis B outreach honored for best practices

In 2016, ICHS received recognition from the National Task Force on Hepatitis B Focus on Asian and Pacific Islander Americans. ICHS was honored with the 2016 Best Practices Award, acknowledging its effective community-based hepatitis B outreach and education. ICHS' HIT-B Project reduces hepatitis B disparities through health information technology innovation that supports a team-based approach.



# \$325,000 grant enhances substance abuse screening and referral

ICHS is helping lead the fight against the growing substance abuse problem – and in particular, opioid addiction. A \$325,000 grant from the U.S. Department of Health and Human Services allowed ICHS to increase patients' access to programs including medication assisted treatment and coordinate their health care for more successful outcomes.



# Lunar New Year 5K in Bellevue

On Feb. 7, runners and walkers celebrated the Chinese Lunar New Year at the sold-out inaugural ICHS Lunar New Year 5K Run/Walk event at Mercer Slough Nature Park in Bellevue. Participants raised more than \$31,000 as they supported ICHS programs and activities.



# 2016 Bloom Gala raises over \$187,000

More than \$187,000 was raised for uncompensated care at ICHS medical and dental clinics at the 2016 Bloom Gala, held on May 21. More than 400 supporters helped celebrate ICHS' achievements and successes, as well as its continuing commitment to providing culturally and linguistically appropriate community health services.

# **Patients by Race**

74% Asian

- 1% Native Hawaiian/ Other Pacific Islander
- 7% Black/African American
- 12% White
- 6% Unreported

82% are persons of color

# ICHS IN NU

## **Patients by Age**

23% 0 – 17 year olds
59% 18 – 64 year olds
18% 65 and older

## **Patients by Income**

44% At or below 100% of Federal Poverty Level (FPL)
30% Between 101% – 200% of FPL
18% Over 200% of FPL
8% Unknown/unreported

# 203 Babies Delivered

## Patients by Insurance Status

- 11% None/uninsured59% Medicaid12% Medicare18% Private
- Top Languag Spoker Other than Engli



# **MBERS**

# 28,660 Patients

**9%** are homeless or doubling up

# 55% need language interpretation services



# Health & Support Services

123,920 Discounted Prescriptions Filled

> 68,915 Medical

**52,801** Dental

**25,697** Community Health Education

> 25,071 Interpretation

**19,939** Community Health Outreach

12,334 Health Insurance Assists and Enrollment

> 9,537 Nursing

5,663 WIC Nutrition

4,438 Behavioral Health and Substance Abuse

> 4,120 Eligibility

> 3,597 Referral

**3,568** Clinic Health Education

2,224 Traditional Chinese Medicine

> **1,055** Other

**759** Voter Registrations

**363,638** encounters to support ICHS patients' health and access to needed services

# ACKNOWLEDGMENTS

We would like to thank the following businesses, foundations, groups and individuals for their generous financial and in-kind contributions in 2016. If you have a correction, please contact us at 206.788.3672 or foundation@ichs.com.

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# ICHS helps seniors 'age in place'

A partnership with Kin On Health addresses the unique health challenges of ICHS' sizable 65 and older patient population. Aging in PACE, a comprehensive social service and health care program, will allow Asians, Native Hawaiians and other Pacific Islanders to 'age in place' in their homes.

### Credits

EDITOR: Angela Toda DESIGNER: David Owen Hastings PHOTOGRAPHY: Joel Aguiar, Charles Lee CONTRIBUTORS: Teresita Batayola, Ron Chew, Charles Lee, Christine Loredo, Michael McKee

# CONSOLIDATED FISCAL HIGHLIGHTS

January 1, 2016 – December 31, 2016

**Capital Campaign** 

**Total Revenues** 

Government Grants (Construction) \$

## Support, Revenue and Gains

Capitation and Enhancements	\$	15,068,268
Public-Sponsored Insurance and Entitlements	\$	12,471,054
Patient Fees and Private Insurance	\$	4,373,621
Fees and Grants from Government Agencies	\$	4,546,544
Contributions and Private Grants	\$	943,732
In-Kind Donations	\$	945,688
Other	\$	858,388
Other Total Operating Support, Revenue and Gains		858,388 39,207,295
Total Operating Support,		
Total Operating Support, Revenue and Gains Gain on Disposal of	\$	39,207,295
Total Operating Support, Revenue and Gains Gain on Disposal of Equipment and Improvements	<b>\$</b> :	<b>39,207,295</b> (2,397)
Total Operating Support, Revenue and Gains Gain on Disposal of Equipment and Improvements Pool Savings Medicaid Management Care	<b>\$</b> \$ \$	<b>39,207,295</b> (2,397) 2,820,163

### **Expenses**

PROGRAM SERVICES

Total Expenses	\$ 42,623,722
Fundraising	\$ 383,326
Management and General Administration	\$ 6,822,628
Total Program Services	\$ 35,417,768
PACE	\$ 254,320
Substance Abuse	\$ 68,126
Behavioral Health	\$ 530,226
Acupuncture	\$ 161,110
Women, Infants and Children	\$ 430,846
Optical	\$ 23,515
School-Based	\$ 570,561
Health Education and Case Management	\$ 2,043,175
Access	\$ 1,946,381
Pharmacy	\$ 3,038,820
OTHER HEALTH AND ENABLING SERVICES	
Primary Dental Care	\$ 10,493,790
Primary Medical Care	\$ 15,856,898
PROGRAM SERVICES	

# Honors & Awards Granted in 2016

\$

117,825

351,000

\$ 41,445,581

Health Center Quality Improvement Award U.S. Health Resources and Services

**Gold & Silver Awards Immunize Washington** Washington State Department of Health

**2016 Best Practices Award** National Task Force on Hepatitis B for Asian and Pacific Islander Americans

**Million Hearts 2015 Hypertension Control Champion American Heart Association** 

### **International Examiner 2016 Readers Choice Awards**

- Favorite Asian Pacific Islander Senior Organization
- Favorite Asian Pacific Islander Executive Director: Teresita Batayola
- Favorite Asian Pacific Islander Health Care Provider: Kimo Hirayama, MD
- Honorable Mention Favorite Asian Pacific Islander Health Care Provider: Ping Wong, licensed acupuncturist

**Physician of the Year Award** Kimo Hirayama, MD, Coordinated Care of Washington



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