



*Medical • Dental*

## Medical Clinic

425 373 3000

Mon • 7:30 am-7:00 pm

Tue-Fri • 7:30 am-6:00 pm

Sat • 8:30 am-5:30 pm

### *Medical Nutrition Therapy*

Mon, Thu, Fri • 9:00 am-5:30 pm

## Dental Clinic

425 373 3030

Mon-Sat • 7:30 am-6:00 pm

## Services

- Adult and pediatric medical care
- Family planning
- Suboxone treatment
- Medical nutrition therapy
- Behavioral health care
- Comprehensive dental care
- Pharmacy consultation
- Insurance enrollment
- Community health education
- Discounted pharmaceuticals

## Parking

Parking is available in the parking lot.

## Public Transportation

### *Bus Routes*

889 (140th Ave NE)

RapidRide B Line (NE 8th St)

226, 888 (Bel-Red Rd)

221 (148th Ave NE)



**425 373 3000** (after hours)

**206 788 3774** (TTY)

Interpretation services available.

Already an ICHS patient? Make an appointment through the MyICHS patient portal: **[www.ichs.com](http://www.ichs.com)**

